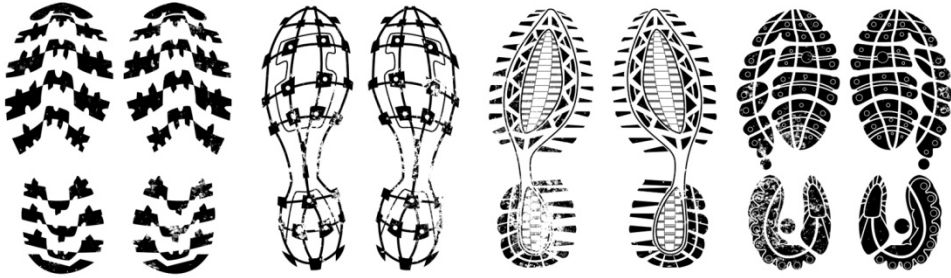


Rural Hill

SEVEN & SEVEN



SEVEN KILOMETER RUN, SEVEN ACRE MAZE,



2011

Rural Hill

SEVEN AND SEVEN

seven kilometer run, seven acre maze

ABOUT:

On August ___ outdoor enthusiasts and runners will participate in the Rural Hill Seven and Seven, presented by McIntosh Law Firm at Historic Rural Hill in Huntersville, NC. The unique distance of a 7k run plus the mental challenge of a 7 acre corn maze will afford participants the opportunity to challenge both their bodies and minds through one of the Mecklenburg County's largest and historic public properties. The race will start at 9:30am and finish across the "victory bridge" of Rural Hill's [Amazing Maize Maze](#).

All race participants will start the event with the 7k run at 9:30 (come early so you can get a review of the rules plus an early maze orientation.) Upon their return runners have the option of being re-orientated to the maze rules or simply advancing (time will not be stopped for orientation.) From there it is the runner's task to complete the 7 acre challenge by searching for mailboxes hidden within. These mailboxes will help build the runner's map out of the maze and onward to victory! Awards will be given for the top 3 over all male and female finishers, as well as the top 3 male and females in the following age groups: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+.

Not ready to race? No worries, we need volunteers to help man the checkpoints! All volunteers will be given a coupon good for \$1 off each member of their group (up to four) for one Amazing Maize Maze day maze!

Email zac@ruralhill.net with "seven and seven volunteer" in the subject line to register.

RURAL HILL SEVEN AND SEVEN REGISTRATION FORM

Please read any waiver carefully. It includes a release of liability and waiver of legal rights and deprives you of the ability to sue certain parties. Do not agree to this document unless you have read and understood it in its entirety. By agreeing electronically, you acknowledge that you have both read and understood the text presented to you as part of the registration process. You also understand and agree that events carry certain inherent dangers and risks which may or may not be readily foreseeable, including without limitation personal injury, property damage or death. Your ability to participate in the event(s) is/are subject to your agreement to the waiver and by agreeing herein, you accept and agree to the terms of the waiver and release agreement.

Historic Rural Hill is not responsible for the loss or theft to any visitor's property, personal or otherwise.

Under North Carolina law, there is no liability for an injury to or death of a participant in an agritourism activity conducted at this agritourism location if such injury or death results from the inherent risks of the agritourism activity. Inherent risks of agritourism activities include, among others, risks of injury inherent to land, equipment, and animals, as well as the potential for you to act in a negligent manner that may contribute to your injury or death. You are assuming the risk of participating in this agritourism activity. NCSG 99E-31

You must be over 18 years of age OR the parent/legal guardian of a minor under 18 years of age OR the legal guardian of an incapacitated and/or mentally challenged person in order to agree to the text above.

___ I AGREE TO THE ABOVE WAIVER

MY DATE OF BIRTH IS ___ __ ____

(Name of Participant)

(Name of Parent or Guardian if Participant is a Minor)

FIRST NAME	
MIDDLE NAME	
LAST NAME	
GENDER	
DATE OF BIRTH	
EMAIL	
RE-ENTER EMAIL	
DAY PHONE	
EVENING PHONE	

ADDRESS LINE ONE	
ADDRESS LINE TWO	
CITY	
STATE	
ZIP CODE	
T-SHIRT SIZE	

SEVEN AND SEVEN RACE DETAILS

Race Date: October 15, 9:30 am

Registration fees:

\$25 Before Oct. 1

\$30 After Oct. 1

Race Time: 9:30 (please arrive by 9:00 to park and warm-up)

Start/Finish Location: Historic Rural Hill's west driveway (3rd entrance at the grey sign)

Once you arrive please pick up your race packet- (race number and t-shirt)

Register by Oct. 1 at the following locations

- www.ruralhill.net/sevenandseven.asp
- Over the phone- 704-875-3113
- Onsite at Historic Rural Hill

Late registration after Oct. 1

- www.ruralhill.net/sevenandseven.asp
- Over the phone- 704-875-3113
- Onsite at Historic Rural Hill
- Race Day beginning at 8:30

*T-shirts are only guaranteed to runners that register before Oct. 1. Anyone who registers after Oct. 1 will receive a t-shirt only while supplies last.

Awards:

Individual awards for 5k and 10k:

- Top 3 overall male and female finishers.
- Top 3 male and female in each age group: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+.

Only the top 3 male / female finishers over all and in each age group will be scored.

Results:

- Results will be posted immediately after the race on site and uploaded to www.ruralhill.net within 48 hours after the conclusion of the event.

SEVEN AND SEVEN F.A.Q. & Rules

RULES:

Rural Hill Staffers have the right to remove any runner from the course deemed necessary for their safety and the safety of all others.

All participants and attendees must adhere to the following rules:

- Numbers must be visible on the outside and front of runners' clothing.
- All Runners: It is your responsibility to check in with a Rural Hill Staffer at the **Maze Ticket Tent** in the event you feel you need immediate medical attention.
- Only attempt to pass another runner when it is safe for both you and the other runner to do so.
- When passing another runner, make every attempt to pass on their left, unless it is unsafe. Announce your intention to pass by saying, "passing on your left" (or right, if it is unsafe to pass on their left).
- Provided it is safe to do so, you must yield to any runner who announces his/her intention to pass, by stepping off the trail.
- No weapons, personal alcohol, glass bottles, smoking, or illegal drugs are permitted at Historic Rural Hill. Violating any of these rules will result in runner disqualification.

FREQUENTLY ASKED QUESTIONS:

Are there cutoff times on-course?

No, but times will only be taken for the top 3 male/female runners overall and for the top 3 male/female runners in each age group. If you want to ensure your time is tracked, it is your responsibility to do so.

Where are bathrooms located?

Porta-Jons are located in several areas near the Maze.

What if I cannot participate once I have registered?

All race participant purchases are final. If you cannot participate, the entry fee will not be refunded, but an adult day-maze pass will be issued and good for another date.

Can I run with headphones?

No, mp3 players and other audio devices are not permitted.

What if I am unable to finish the race?

Any runner dropping out of the race must notify a Rural Hill Staffer at the Start/Finish Line or Maze Ticket Tent.

Will there be a lost and found?

Yes, all lost and found items will be at the Registration area.

Where on the course can my friends/family watch the race?

We recommend having your friends/family watch the race at the Start/Finish Line area.

Can someone else pick up my bib number and race packet?

Race numbers will be given to runners only.

What about parking? Parking is free and located by entering the 3rd gate

Can I run with my child in a stroller?

Runners with strollers are not permitted in the event due to terrain. No exceptions.

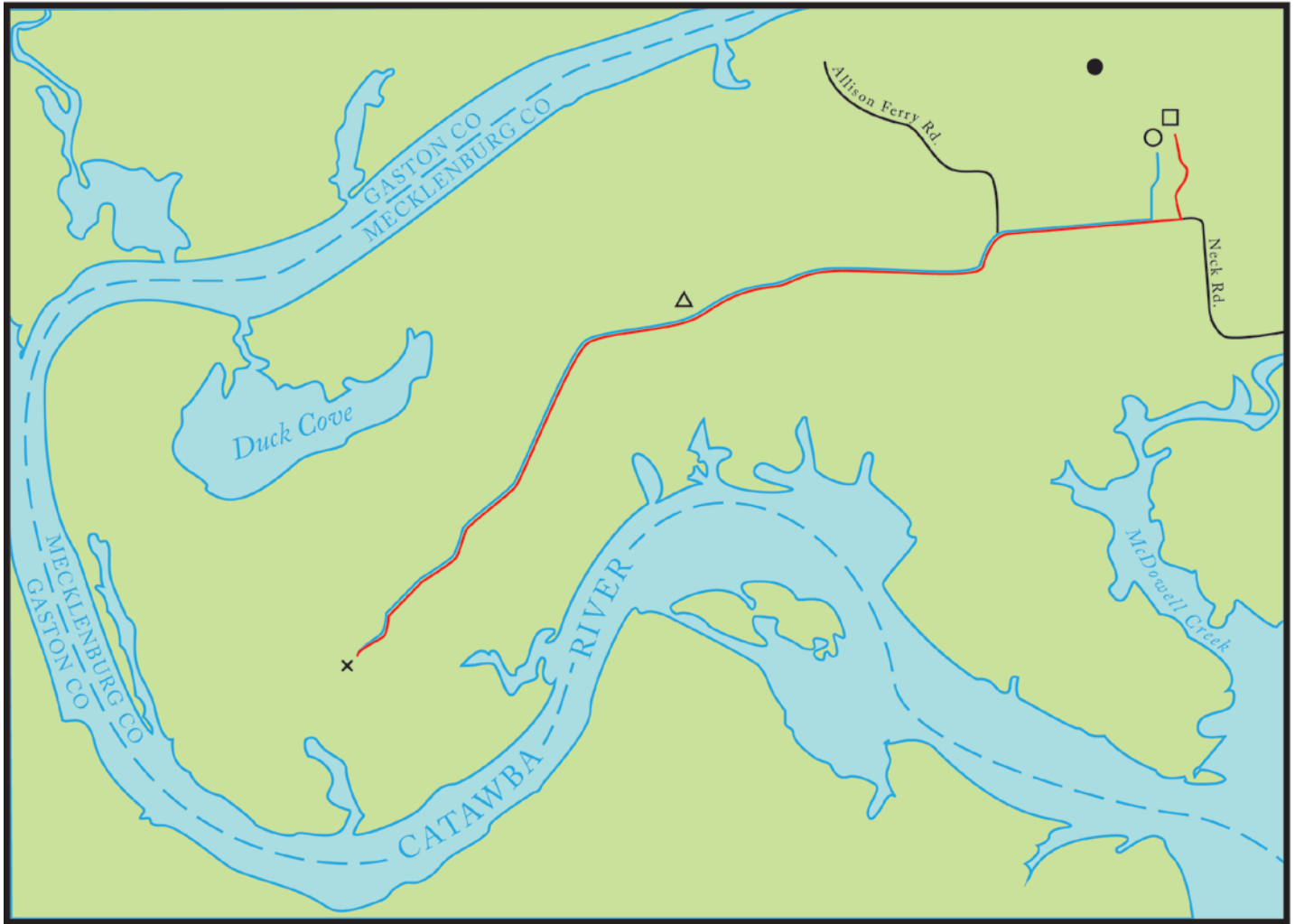
It's raining outside- are we still racing?

Rural Hill Seven and Seven will take place rain or shine. In the rare instance the trails are deemed unsafe by the Rural Hill Staff due to severe weather, we will announce the cancellation immediately via www.ruralhill.net, as well as Rural Hill's [facebook](#) and [twitter](#). In the event of a cancellation the race will postponed to a later date. If you cannot or choose not to participate, the entry fee will not be refunded, but an adult day-maze pass will be issued and good for another date.

SEVEN AND SEVEN RACE NARRATIVE

SECTION 1- 7 KILOMETER RUN (4.35 MILES)

1. Start at HISTORIC RURAL HILL.
2. At Gate 1, turn Right onto NECK ROAD.
3. Where NECK ROAD turns to gravel, make a gentle left and follow gravel portion.
4. Continue on gravel portion of NECK ROAD.
5. M1 AID STATION is positioned at Mile 1.
6. Continue through COWAN'S FORD BIRD REFUGE GATE, keeping on gravel road.
7. Make sharp turn-a-round at M2 AID STATION, positioned at Mile 2.
8. Continue back the way you came along gravel road.
9. For the returning runner, M1 AID STATION now signifies Mile 3.
10. Upon exit of the gravel portion, continue straight on NECK ROAD.
11. Continue past Gate 1, moving onward to Gate 2.
12. Turn Left into Gate 2, continue moving straight towards RUN'S FINISH.



THE RURAL HILL SEVEN AND SEVEN

MAP KEY

- | | |
|-----------------------|--------------|
| ○ Start Point of Run | — First Leg |
| □ Finish Point of Run | — Second Leg |
| △ M1 Aid Station | — Road |
| × M2 Aid Station | ● Maze |

Historic Rural Hill
 4431 Neck Road
 Huntersville, NC 28078
 704-875-3113
www.ruralhill.net

To obtain a high quality jpeg of this map, please email Zac Vinson at zac@ruralhill.net